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BOOK REVIEWS

GRACE H. CAMERON, R.N., DEPARTMENT EDITOR

A TEXT-BOOK OF SIMPLE NURSING PROCEDURE FOR HIGH SCHOOLS. Together with Instruction for First Aid in Emergencies. By Amy Elizabeth Pope. G. P. Putnam's Sons, New York and London. Price, \$2.50.

A book of this type should have wide recognition, when we realize that official statistics prove to us "that 75 per cent—15,000,000—of our school children have physical defects which are potentially or actually detrimental to health." A greater knowledge of hygienic living and what is meant by sanitary surroundings will lower this percentage. As no nursing procedures can be taught without including and stressing cleanliness, the teaching of nursing care and treatments in the public schools will train a great number of girls in the ways of right living. The book is most practical and the instruction as simple as may be to follow intelligently. The procedures and instruction are, of course, limited to the requirements of the young girl. There is, in addition, plain instruction for first aid in emergencies—burns, frost-bite, hemorrhage, fractures, drowning, etc. A chapter is devoted to the principles of bandaging; and another to poisons.

DISEASES OF CHILDREN. By Herman E. Sheffield, M.D. With 238 illustrations, mostly original, and nine color plates. C. V. Mosby Company, St. Louis. Price, \$9.50.

"This volume is the consummation of the author's experience in the field of pediatrics for nearly thirty years. It embodies the latest knowledge of the theory and practice of the diseases of infancy and childhood and is designed to meet the needs especially of the general practitioner and medical student."

THE AMERICAN HOME DIET. An Answer to the Ever Present Question, What Shall We Have for Dinner? By E. V. McCollum, and Nina Simmonds. Published by Frederick C. Mathews Company, Detroit. Price, \$3.65.

An unique book on the food and cookery problem. The first part briefly outlines the science of nutrition. The housewife is urged to study and understand this subject and is shown the evils of faulty diet. Then the more important foodstuffs are analyzed sufficiently to show the nutritive quality; and the menace to health from the use of deficient and adulterated foods is described. The second part is a complete list of satisfactory, scientific menus covering the entire year. There are but few receipts, as the housewife is expected to have a standard book on cookery.